

Open Doors Organization:

Adaptive Equipment for People with Disabilities

For additional information or
assistance, please contact Eric
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Suction Grab Bars



- Walmart, Walgreens, Home Depot, Amazon
- \$15-\$60
- Used for support getting into/out of bathtubs and showers.
- Typically cheaper than installing wall grab bars, however, these can cause false security with potential of becoming unsuction to surface.

Wall Grab Bars



- Amazon, Walmart, Home Depot, Grainger Industrial
- \$10-\$60
- Used for support for getting into/out of shower or on/off toilet.
- Costs slightly more than suction grab bar due to installation, however, provides stronger support.

Hinged Grab Bars



- Amazon, Home Depot, Lowes, Grainger Industrial
- \$80-\$300
- Provides support with getting into/out of shower and on/off toilet
- Bar is on a hinge and can be raised or lowered depending on need
- Installed into wall providing strong support

Tub Transfer Bench



- Amazon, Walmart, Advanced Healthmart
- \$60-\$150
- Used to help transfer into/out of bathtub/shower. Can be portable.
- Beneficial for individuals with reduced mobility, older adults, paraplegia, hemiplegia.
- This version is padded with suction cup feet but they come in various styles.

Handheld Shower Head



- Walmart, Home Depot, Target, Amazon
- \$25-\$50
- Beneficial for individuals with reduced mobility and older adults.
- Allows individual to remain seated if necessary.
- Various styles offered, bar provides adjustable height of head placement
- Suction cup allows for placement on side shower wall: \$10-\$15 (bottom right)

Link: [Amazon Handheld Shower Head](#)

Toilet Riser



- AliMed, AliExpress, Amazon, Walgreens
- \$10-\$140
- Used to help raise the height of a standard toilet
- Creates a closer distance when getting on/off the toilet. Easier access for individuals with reduced mobility or older adults.
- Handles dependent on brand/style

Toilet Safety Frame



- Walgreens, Amazon, Rite Aid, Target
- \$50-\$80
- Used for support to get on/off the toilet.
- Beneficial for individuals with reduced mobility, older adults, decreased strength.

Link: [Walgreens Toilet Safety Frame](#)

Commode



- Walmart, Amazon, MedMart
- \$45-\$240
- Used as a mobile toilet.
- Beneficial for individuals with reduced mobility or older adults who may need it during the night.
- Bucket can be removed and frame placed over standard toilet to act as a raised toilet.

Link: [Walmart Commode](#)

Free Standing Toilet Paper Holder



- Walgreens, Amazon, Target
- \$18 - \$50
- Holds toilet paper rolls while providing freedom to place in position that works best for guest.
- Beneficial for individuals with reduced mobility, older adults, decreased strength or range of motion.

Automatic Soap Dispenser



- Amazon, Grainger Industrial Supply, ULine
- \$15-\$90
- Used to grab soap hands free
- Beneficial for individuals with decreased strength, dexterity, upper body mobility.

Link: [Amazon](#)

Hand Dryer



- ProDryers, Grainger Industrial Supply, Zoro
- \$140-\$900
- Used to dry hands without need to grab/use towel.
- Beneficial for individuals with reduced upper body mobility, decreased strength and dexterity.

Link: [Grainger Industrial Supply](#)

Furniture Risers



- Walmart, Amazon, Target
- \$8 - \$150
- Used to adjust height of furniture including beds, couches, desks, tables, etc.
- Beneficial for individuals with reduced mobility or older adults who may need increased height in furniture to promote safety.
- Risers come in various heights and made of various materials.

Link: [Walmart Bed Risers](#)

Gait Belt



- Amazon, Medical Supply Depot, Walmart
- \$5-\$25
- Used to provide increased safety during transfers by securing belt around individuals' waist
- Beneficial for hotels and restaurants to have on hand in case caregiver forgets to bring one or if energy level changes and increased safety is required.

Transfer Slide Board



- Amazon, HD Supply, Walmart
- \$25-\$110
- Used as a method to transfer from one surface to another (i.e. wheelchair to toilet)
- Beneficial for individuals with reduced mobility, paraplegia, or hemiplegia.

Link: [Amazon Transfer Slide Board](#)

Bed Rail



- Walmart, Amazon, AliMed
- \$40-\$70
- Attaches by wrapping around frame or sliding base of frame under mattress in between box frame
- Used for support when getting into/out of bed
- Beneficial for individuals with reduced mobility, older adults

Hoyer (manual or electric)



- MedMart, Top Mobility, AliMed
- \$1400-\$5000
- Used to help transfer individual from one surface to another (i.e. from chair to bed)
- Beneficial for caregivers who need assistance with transferring individuals with reduced mobility

Ramps, exterior lifts, and threshold ramps



- WayFair, USA Ramp Store, MedMart
- \$60+
- Used to create uniform transition over curbs, bumps, thresholds, etc.
- Beneficial for individuals in wheelchairs and reduced mobility.

Transport Wheelchairs



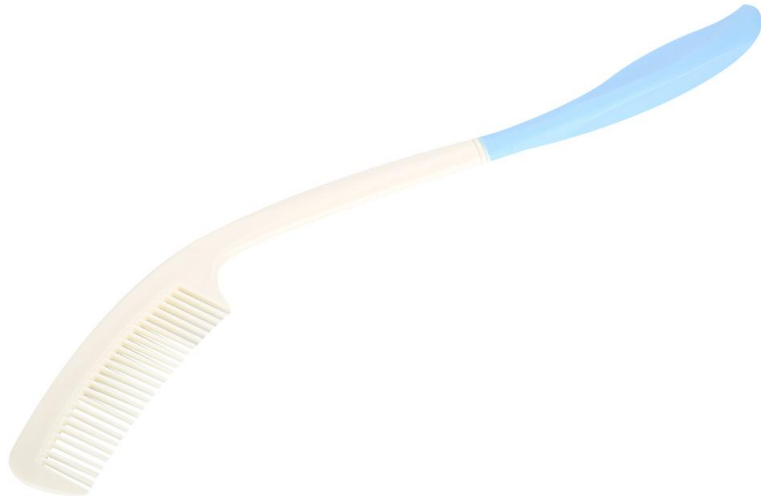
- Hartland Home Medical, Walgreens, Amazon
- \$140+
- Used to help transport an individual from one location to another.
- Beneficial for individuals with reduced mobility and older adults.

Extended Handles for Curtains (Universal Drapery Pull Rod)



- Medical Products Direct, Amazon, Home Depot
- \$25-\$45
- Provides easier access to close/open curtains
- Beneficial for individuals with reduced mobility, various heights

Long Handled Brush/Comb



Link: [Walmart Long Handled Comb](#)

- Walmart, Alimed, Grayline Medical, Amazon
- \$10-\$70
- Allows better access comb/brush hair by providing a longer handle
- Beneficial for individuals with reduced mobility in upper body, individuals with arthritis

Long Handled Sponge



Link: [Walmart Long Handled Sponge](#)

- Allegro Medical, Walmart, Oswald's Pharmacy, Amazon
- \$5-\$15
- Allows greater access to self-hygiene
- Beneficial for individuals with reduced mobility, arthritis, allows individual to remain seated if necessary

Shoe Horn



Link: [Health Products for You Shoe Horn](#)

- Walmart, Amazon, Health Products for you
- \$3-\$20
- Helps to slip heels into shoes without requiring to bend over
- Beneficial for individuals with reduced mobility, older population, arthritis

Sock Aid



- Walmart, Amazon, Health Products for You
- \$10-\$20
- Helps individual put on socks without need to bend over or lift leg up.
- Beneficial for individuals with reduced mobility, older adults

Reacher or Grabber



- Walmart, Amazon, Walgreens
- \$10-\$20
- Used to grab and pick up items without need to bend over.
- Beneficial for individuals with reduced mobility, older adults, various heights

Dressing Stick



- Walmart, Amazon, Walgreens, Health Products for You
- \$5-\$15
- Used to help with dressing oneself. Can help put clothes on and off
- Beneficial for individuals with reduced mobility, hem

Hip Kit



- Amazon, Walmart, Rehab Store, Walgreens
- \$20-\$50
- Typically comprised of Includes Sock Aid, Shoe horn, Reacher, Dressing Stick, Long handled sponge

Link: [Walmart Hip Kit](#)

Little Persons Kit (Short Stature Accessibility)



- GuestSupply for full kit; Individual items can be purchased at Amazon, Grainger Industrial Supply, ULine
- Full Kit: \$555
- Used to access hard to reach items
- Beneficial for little people, reduced mobility

Link: [Guest Supply Kit](#)

Braille Labels (Labeler)



- The Low Vision Store, Maxi-Aids, Vision Forward Association
- \$45-\$80
- Device utilized to create Braille labels for improved engagement in tasks for individuals with low vision or that are blind.
- Device has both raised letters and printed letters to allow for anyone to create a Braille label.

Link: [The Low Vision Store Labeler](#)

Link: [Material for Labels](#)

Bump Dots



- Amazon, Maxi-Aids, The Low Vision Store
- \$5-\$30
- Use to differentiate between hygiene items. Consumer could place various shapes and frequency of dots to allow for differentiation of items or buttons.
- Beneficial for individuals who are blind or low vision

Braille Signs



- MyDoorSign, JustBrailleSigns, ULine, Braille Signs Inc.
- Costs are dependent on quantity and type of signs being ordered
- Used to read and identify signs.
- Beneficial for individuals who are blind or low vision

Link: [MyDoorSign](#)

Alarm Clock with Bed Shaker



- Amazon, Walmart, Maxi-Aids, Home Depot
- \$17-\$60
- Device has amplified alarm with an attached bed shaker that will vibrate and shake bed
- Beneficial for individuals who are deaf or hard of hearing

Link: [Home Depot Alarm Clock with Bed Shaker](#)

Door Knock Signaler



Link: [Clear Sounds Signaler](#)

- ClearSounds, HDSupply, Allegro Medical
- \$45-\$65
- Device will flash a light when it senses a knock on the door.
- Beneficial for individuals who are deaf or hard of hearing.

Caption Telephone



Link: [Amazon Caption Telephone](#)

- Amazon, CapTel, Parentgiving
- \$65-\$80
- Used to transcribe voice into text to allow individual to read the conversation that is happening over phone.
- Beneficial for individuals who are deaf or hard of hearing.

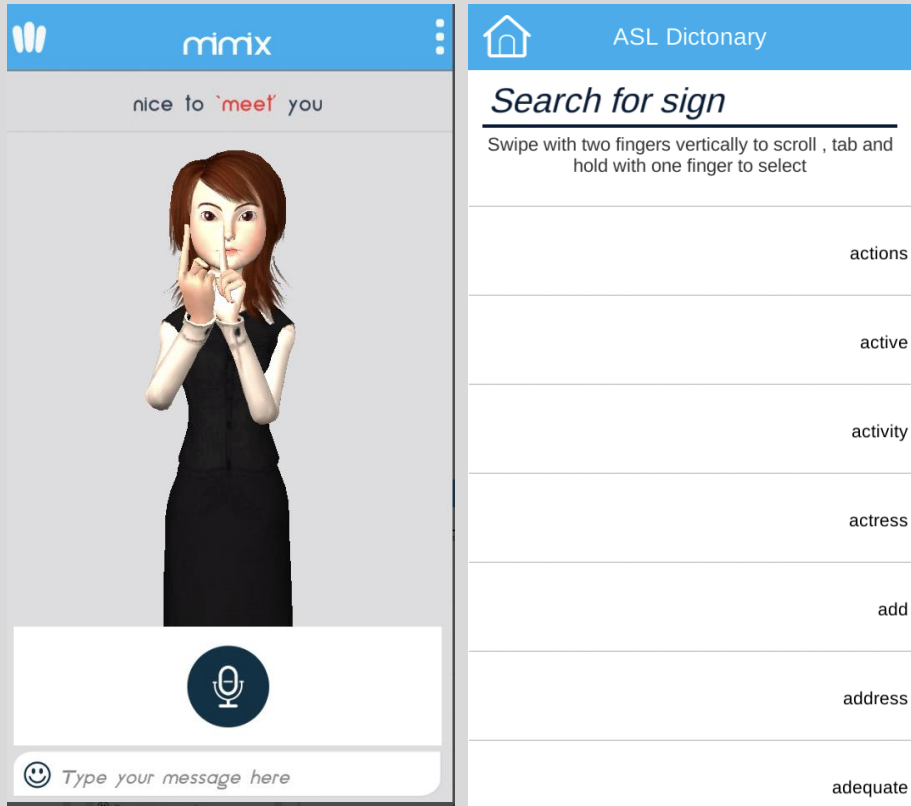
TeleTypewriter (TTY) Phone



- Amazon, SchoolHealth, Rehab Store, Vitality Medical
- \$225-\$450
- Device allows individuals to type out what they need over phone to a third party who will then read the text to the other member. The third party then will type the response back to the individual to read.
- Beneficial for individuals who are deaf, hard of hearing, or individuals who are nonverbal.

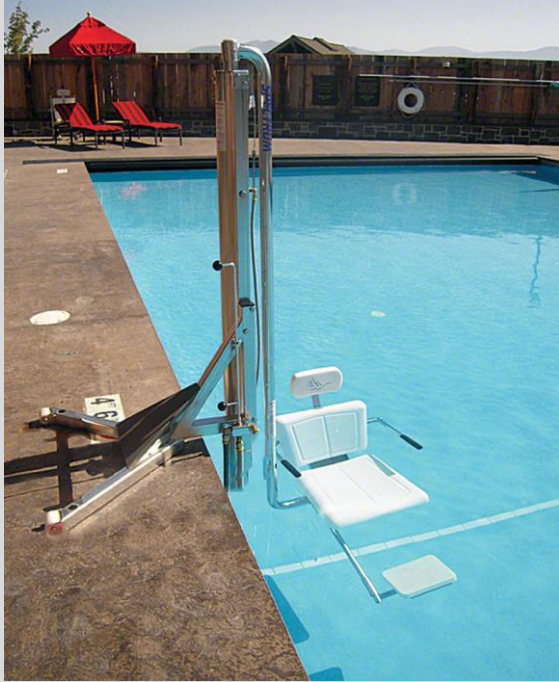
Link: [School Health TTY phone](#)

Mimix 3D



- Google App Store or Apple App Store
- Free
- This app on your cell phone will allow you to translate spoken words to sign language.
- Beneficial for individuals who are deaf or hard of hearing.

Pool Lifts



Link: [Aquatic Access](#)

- Spin Life, Med Mart, Poolweb, Aquatic Access
- \$1200-\$9500
- Provide entrance and exit to the pool for individuals with decreased mobility.

Built Up Handles for Silverware



- Amazon, Health Products for You, AllegroMedical, Special Supplies
- \$15-\$50
- Allows greater control of silverware for individuals who lack coordination, strength, or gripping ability.
- Can be beneficial for individuals with arthritis or Parkinson's Disease.
- Pro vs. Built up FOAM handle: last longer, more durable, heavier for deep pressure if needed

Link: [Health Products for You Built Up Utensils](#)

Built up Foam Handles



- Amazon, Walmart, Grainger Industrial Supply
- \$10-\$25
- Can be used with silverware, toothbrush, comb, etc.
- Allows greater control for individuals who lack coordination, strength, or gripping ability.
- Can be beneficial for individuals with arthritis, Parkinson's Disease, MS
- Pro vs Built up Handle: lighter weight, can be used for multiple items, cheaper

Universal Cuff



- Amazon, Walmart, AllegroMedical, Caregiver Products
- \$10-\$25
- Allows for increased ability to hold on to various utensils or items. Consumer would place item into cuff (or have caregiver place item), then place cuff around hand for use.
- Works with toothbrush, silverware, combs, writing utensils, etc.

Curved Utensils



- Amazon, AllegroMedical, ArthritisSupplies
- \$8-\$20
- Can be used in either hand. The curve improves success with dining and allows for the silverware to be positioned in a way that is comfortable for the user.
- Beneficial for individuals with arthritis, reduced mobility in upper body, Parkinson's Disease, MS, CP

Weighted Silverware



- Health Products for You, Amazon, Rehab Store, Special Supplies
- \$8-\$30
- Often times is very similar product as built up handle
- These provide additional weight for those that need increased stability with hand or arm movements when dining.
- Commonly used with individuals that have tremors.

Rocker Knife or Angled Knife



Rocker Knife

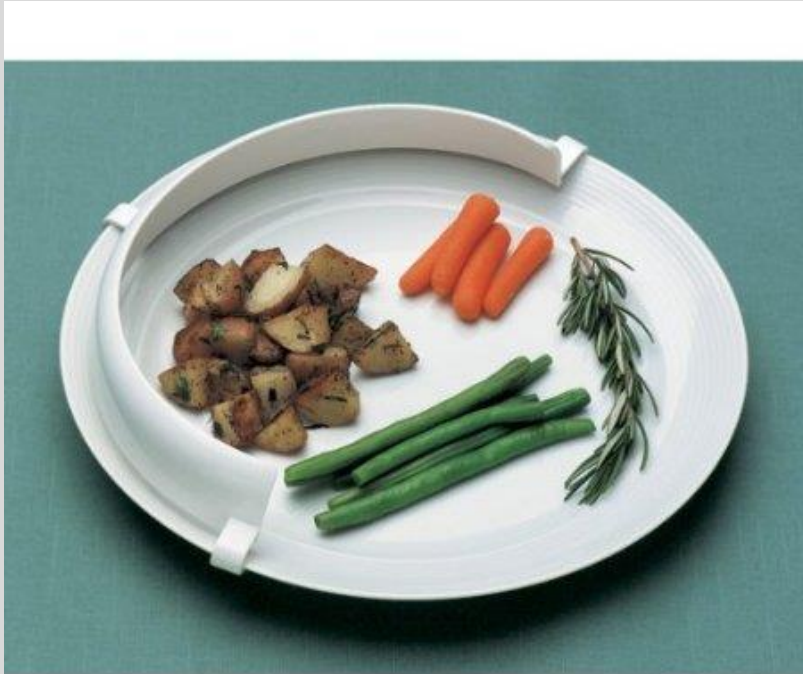


Angled Knife

- Amazon, Rehab Store, Health Products for You
- \$10-\$30
- Allows for user to cut items using one hand. Item is placed on to appropriate food and rocked back and forth to cut.
- Would not be appropriate to use for foods that roll, unless said food is stabilized and will NOT move.
- Beneficial for individuals with arthritis, decreased fine motor skills, Parkinson's Disease

Link: [Rehab Store Rocker Knife](#)

Plate Guard



- Amazon, AliMed, LTD
Commodities
- \$10-\$25
- Prevents food from falling off of the plate. This can be used to push food up against to place onto utensils, ideal for those eating one handed.

Link: [Amazon Plate Guard](#)

Scoop Plate/Bowl



- Amazon, Rehab Store, AliMed, Health Products for You
- \$6-\$30
- Used for individuals that need assistance getting food onto utensils. Push food up against side to get food onto utensil.

Link: [Health Products for You Scoop Dishes](#)

Dycem or Shelf Liner



- Walmart, Target, Amazon, Grainger Industrial, Allegro Medical
- \$2-\$100
- Helps to create a non-slip surface to help stabilize, provide a better grip, and hold objects in place such as plates and bowls.
- Beneficial for individuals with reduced upper body strength and motor skills.
- Dycem: more expensive, higher quality, easy to clean
- Shelf liner: cheaper, same function as dycem

Extra Long Drinking Straws



- Amazon, Walmart, Rehab Store, Health Products for You
- \$15-\$22
- Used for individuals that has limited mobility in upper body, this could include torso or cervical region.
- Straw provides decreased distance someone has to move in order to obtain a drink.

Nosey Cup



- Amazon, Special Supplies, AliMed, ARK Therapeutic
- \$3-\$23
- The dip in the cup allows for space for the nose when lifting to drink. This works well for individuals with limited ability to bend or tilt the head.

Link: [ARK Therapeutic Nosey Cups](#)

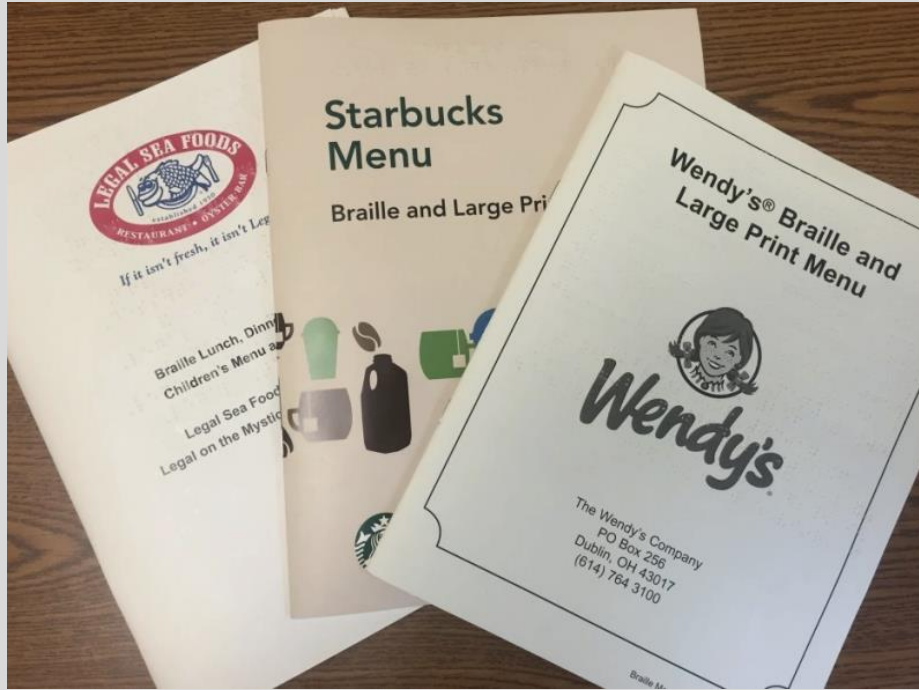
Cups with Handles/ Double Grip Cups



- Amazon, Health Products for You, Easy Comforts
- \$2-\$20
- Useful for individuals required to use two hands to drink due to limited strength or coordination. For example, this provides less strain on hands for individuals with arthritis.

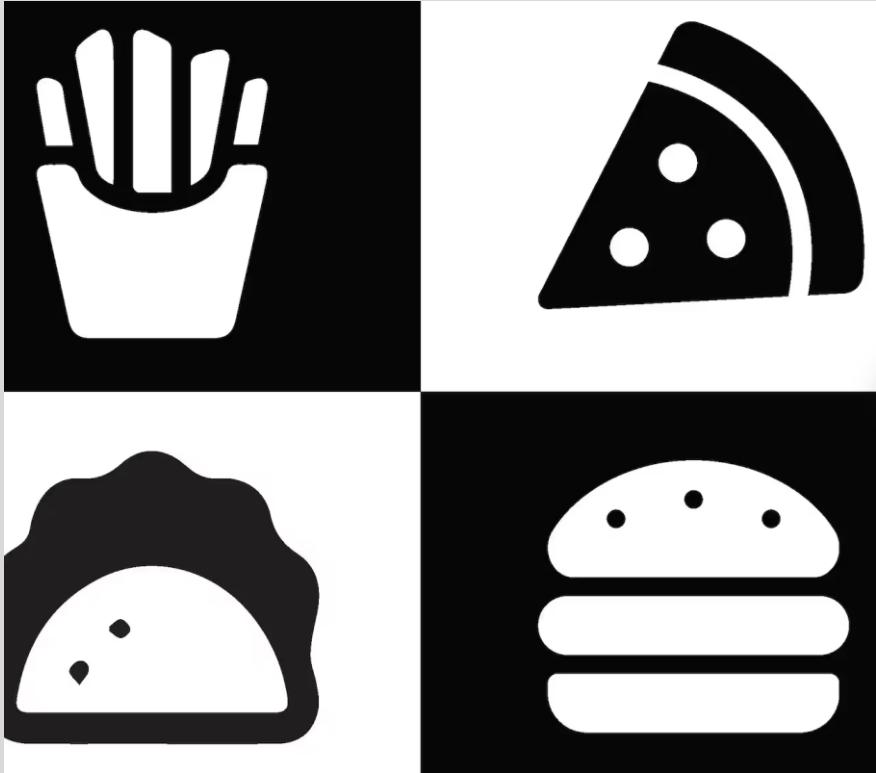
Link: [Easy Comforts Cups](#)

Large Text Menus/ Braille Menus



- Braille Works, Lighthouse for the Blind and Visually Impaired, Perkins School for the Blind
- Based on printing amount and company
- Ideal for individuals who are blind, low vision, or difficult seeing small prints.

High Contrast Menu



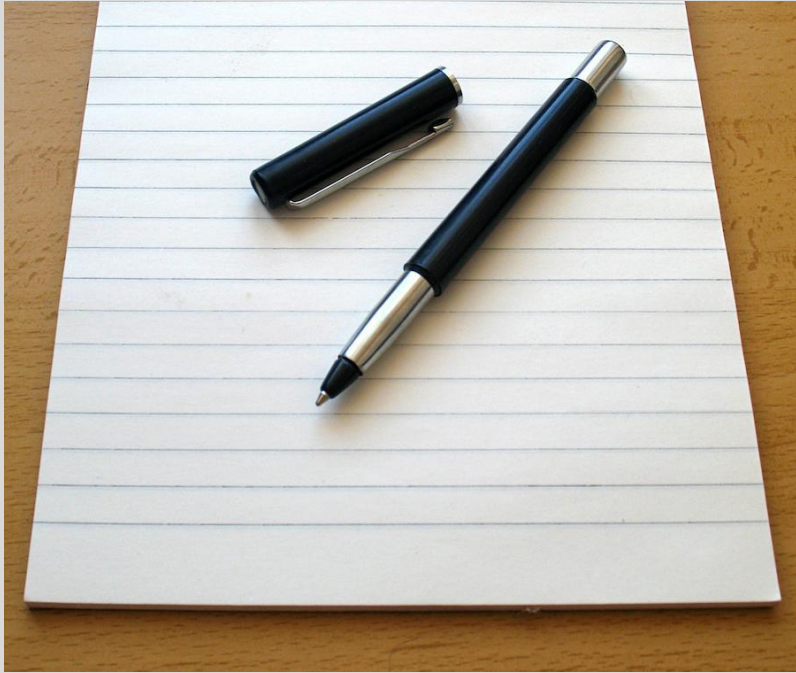
- Your choice of local printing shops
- Based on printing amount and company.
- Higher contrast print allows the menus to be easier to read.
- Beneficial for individuals who are low vision and older adults.

Magnifying Glass



- Walmart, Amazon, Target
- \$4-\$20
- Utilized to increase reading ability for individuals with diminished visual abilities.

Pen and Paper (low tech communication)



- Various vendors and department stores
- Price varies on brand and materials
- Used to write communication rather than speaking or signing.

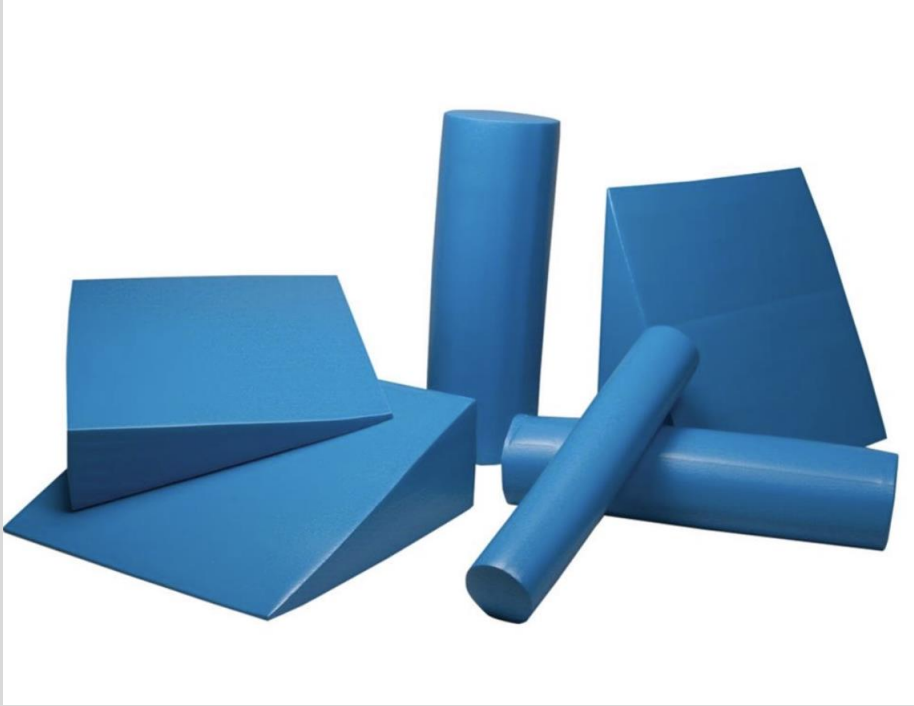
Noise Cancelling Headphones



- Amazon, AutismProducts.com, Walmart
- \$10+
- Decreased auditory stimulation for individuals with sensory concerns in order to improve ability to engage in activities(i.e. Autism, Sensory processing disorders)

Link: [Amazon Noise Cancelling Headphones](#)

Mats, Wedges or Positioning Equipment



- Alimed, DirectSupply, Amazon
- \$30+
- Allows for improved positioning to decrease pressure wounds as well as increase posture for engagement in activities.