

US Airports with Sensory, Quiet or Yoga Rooms

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Sensory rooms are interactive spaces designed to help travelers who are neurodivergent and may become overwhelmed by a bustling and unfamiliar place. Their features may either stimulate or calm, as needed. The other spaces listed here—quiet, meditation, yoga or chapels—are all designed to calm and relax.

At LGA and PIT, the sensory rooms feature a simulated aircraft cabin to acclimate travelers pre-flight. MSP also has a mock 42-seat aircraft cabin, the Travel Confidently MSP Educational Center, while KCI's Air Travel Experience includes simulated check in, boarding, and flight announcements for a fuller sensory experience. In total there are now 32 airports that we've identified with at least one of these spaces, 14 with sensory rooms.

S = Sensory

Q = Quiet, Meditation, or Chapel

Y = Yoga

ABE – Lehigh Valley International Airport (S)

ABQ – Albuquerque International Airport (Y)

ATL – Hartsfield-Jackson International Airport (S)

BHM – Birmingham International Airport (S)

BTV - Burlington International Airport (Y)

BWI – Baltimore/Washington International Airport (Q)

CAK – Akron Canton Airport (S)

CMH – Columbus John Glenn International Airport (Q)

CVG – Cincinnati/Kentucky International Airport (S)

EWR – Newark International Airport (S)

FSD – Sioux Falls Regional Airport (Y)

HOU – Houston Hobby Airport (Q)

IAH – Houston George Bush Intercontinental Airport (Q)

IND – Indianapolis International Airport (S)

KCI – Kansas City International Airport (S)

LAX – Los Angeles International Airport (Q)

LGA – New York LaGuardia International Airport (S)

MDW – Chicago Midway International Airport (Y)

MIA – Miami International Airport (S, Y)

MCO – Orlando International Airport (Q)

MKE - Milwaukee Mitchell International Airport (Q)

MSP – Minneapolis-St. Paul International Airport (Q)

MYR – Myrtle Beach International Airport (Q)

ORD – Chicago O’Hare International Airport (Y)

PHL – Philadelphia International Airport (Q)

PHX – Phoenix International Airport (S, Q)

PIT – Pittsburgh International Airport (S, Q)

RDU - Raleigh Durham International Airport (Y)

SAN – San Diego International Airport (Q)

SEA – Seattle-Tacoma International Airport (S, Q)

SFO – San Francisco International Airport (Q, Y)

TUL – Tulsa International Airport (S, Q)